

## Doctor's Profile:

**Masahiko Matsushita, DC, LCP, DPhCS**

Dr. Matsushita is a 1988 graduate of Acupuncture and Moxibustion Course with Academic Excellence Award and is a 1990 graduate of Judo Therapy Course of Meiji School of Oriental Medicine, Osaka Japan. He passed the National Board and is a Licensed Acupuncturist (L.Ac.), Licensed Moxacauterist, and Licensed Judo Therapist.

He served as a Director, Member of the Scholarship Committee of Keihan Region Association of the Osaka Prefecture Judo Therapist Association. He achieved Continuing Education Credit of the Year Award in Osaka Prefecture Judo Therapist Association in 1991, 1993 and 1994. He is well known for his care of difficult cases as well as promoting wellness care for those who realize that true health is more than the absence of symptoms.

Dr. Matsushita is a 2003 graduate of Palmer College of Chiropractic with Best Toggle Recoil Technique Award and Clinical Teaching Assistant Award. He received his Chiropractic Physician License from Illinois State. He received the Legion of Chiropractic Philosophers (LCP) degree from Palmer College of Chiropractic in 2004, and received his Diplomate in Philosophical Chiropractic Standards (DPhCS) title from the International Chiropractors Association in 2009. He served as an Alumni Advisor of Palmer College of Chiropractic (2008 – 2014).

In 2000, Dr. Matsushita published *MASA'S STUDY GUIDE FOR SPINAL ANATOMY II LABORATORY* while studying at Palmer College. Beginning in 2002, he donated all benefits of this publication to the Veteran's Association of Palmer College of Chiropractic as a token of the friendship between the USA and Japan.

## Welcome

Ace Chiropractic Clinic is a comprehensive facility ready to serve the healthcare needs of you and your family.

The Mission of Ace Chiropractic Clinic is to release the inborn healing potential of the body with holistic, natural, cost effective healing methods of genuine Chiropractic and Japanese style Acupuncture.

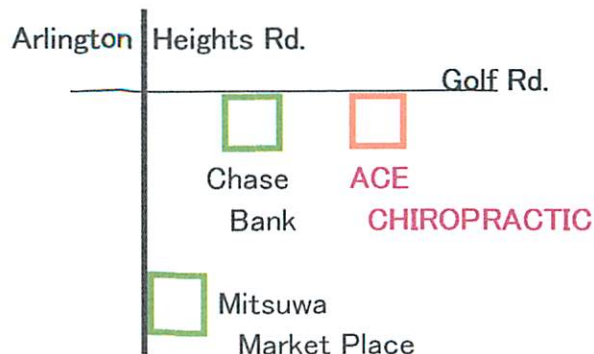
We not only provide care for the patient with symptoms, but also for the patient wanting to experience optimum health and wellness by having their body functioning at its maximum potential.

## OFFICE HOURS:

**Monday** 8:00am~12:00am, 2:00pm~6:00pm  
**Tuesday** 8:00am~12:00am, 2:00pm~6:00pm  
**Wednesday** CLOSED  
**Thursday** 8:00am~12:00am, 2:00pm~6:00pm  
**Friday** 8:00am~12:00am, 2:00pm~6:00pm  
**Saturday** 8:00am~12:00am  
**Sunday** CLOSED

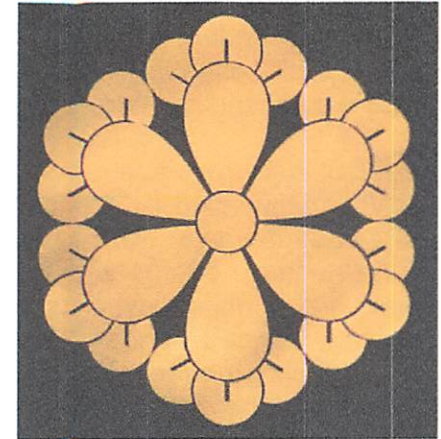
## LOCATION:

We are conveniently located on East Golf Road between Arlington Heights Road and Goebbert Road.



## For Health & Beauty

**Japanese Style Acupuncture**  
**General / Family / Pediatric /**  
**Fertility / Cosmetic Acupuncture**  
**&**  
**Chiropractic**



## Ace Chiropractic Clinic

**Dr. Masahiko Matsushita**

505 E. Golf Rd. Unit G  
Arlington Heights, IL 60005

**(847)290-9226**

**[www.AceChiro.com](http://www.AceChiro.com)**



## What is Acupuncture:

Acupuncture is one part of Oriental Medicine originating in ancient China some 3,500 years ago. It has been the most commonly used system / form of healing in the Eastern world, especially in China, Japan and Korea.

The World Health Organization (WHO) recognized that there are 361 acupuncture points on the human body, which are connected by pathways called meridians. The meridians conduct energy, or Qi (pronounced "chi" or "ki"), between the surface of the body and its internal organs.

Qi is believed to help regulate balance in the body. It is influenced by the opposing forces of yin and yang, which represent positive and negative energy and forces in the universe and human body. Acupuncture is believed to keep the balance between yin and yang, thus allowing for the normal flow of Qi throughout the body and restoring health to the mind, body and spirit.

In the late 1970s, the WHO recognized the ability of acupuncture and Oriental Medicine to treat several common ailments, such as:

- ①Neuromusculoskeletal conditions: arthritis, neuralgia, insomnia, dizziness, neck pain, shoulder pain.
- ②Emotional and psychological disorders: depression, anxiety.
- ③Circulatory disorders: hypertension, angina pectoris, arteriosclerosis, anemia.
- ④Respiratory disorders: emphysema, sinusitis, allergies and bronchitis.
- ⑤Gastrointestinal conditions; food allergies, ulcers, chronic diarrhea, constipation,

indigestion, intestinal weakness, anorexia, agastritis.

In 1997, a consensus statement released by the National Institutes of Health found that acupuncture could be useful by itself or in combination with other therapies to treat addiction, headaches, menstrual cramps, tennis elbow, fibromyalgia, myofascial pain, osteoarthritis, lower back pain, carpal tunnel syndrome and asthma.

Other studies have demonstrated that acupuncture may help in the rehabilitation of stroke patients, can relieve nausea in patients recovering from surgery, and effect in fertility, anti-aging and cosmetic.

## What is Chiropractic:

Chiropractic care focuses on the function of the nervous system through its specific care of the spine. The nervous system is the "master system" of the body. It controls and coordinates all body functions. The brain, spinal cord, and nerves transmit messages that we receive from the outside environment and internal organs, which allow the body to respond and adapt appropriately. When these messages are disrupted, the body can lose optimum function and resistance and become vulnerable to disease.

Doctors of Chiropractic (D.C.s) adjust the spine with gentle, manual thrusts to move the spinal vertebrae back to their normal positions. A chiropractor will sometimes also adjust the joints of the arms and legs.

Chiropractic has proven successful in relieving the following health conditions: headaches, migraines, low back pain, neck

pain, sciatica, carpal tunnel syndrome, joint stiffness, muscle spasms, scoliosis, numbness, tingling, dizziness, and high blood pressure.

Also spinal adjustments may relieve a spectrum of ailments, such as menstrual cramps, otitis media, allergies, asthma, stomach disorders, spastic colon, and arm, hand, and leg pain that's due to dysfunction of the spine. Some patients with asthma and emphysema turn to chiropractic care to release tension in the chest.

Systemic reviews of publications, literature and associated meta-analyses have been conducted on chiropractic patient efficacy, satisfaction and cost effectiveness.

Infants, children, teenagers, adults, and the elderly can all benefit from chiropractic care. Chiropractic helps restore the body's inborn ability to heal itself and maintain health in people of all ages.

## Our Services:

**Spinal / Extremity Chiropractic Care**  
**On-Premise X-Ray/ Thermal Scan Facility**  
**General / Family Acupuncture**  
**Infant / Pediatric Acupuncture**  
**Cosmetic / Fertility Acupuncture**

We have been helping 30+ women with sterility ages 27-50 become mothers since 2005. We support professional and high amateur athletes to win games, and help patients not only to reduce pain / symptom, but also to regain optimum health.

We provide Japanese style acupuncture with high quality "Made in Japan" needles.